September is American Breakfast Month!

Here's a fun puzzle to remind you to get your morning started with the most important meal of the day

DIRECTIONS: Find and circle the puzzle words in the grid. Look for them in all directions including backwards and diagonally.

N E Q B S T I U C S I B P F I Y Z E T U E A E B K O E D Q H O N E Y L C D E X N D A F F S V C J EOWTELEMOLLORNOMANNIC DRECPURYSELPAMEEAX OQUARUROSCRAMBLEDEGGS K A C N A P C O L D P I Z Z A T O A S IXUPUAAOIWFEGEKKFYS W C R O I S S A N T A B A G E L D A N I S H T O DONUTSIQLOATMEALDDWAK K F R N H A S H B R O W N S A U S A G E Y H UIPTCIDCERWAFNKEFMESA GSBENEDICTIHTPHEUL YXUIDBPRBIMAPHDV V J I T S Y O R A N G E J U I C E N F F A O D T E Z O G E S H B R E A D TONSKXFXVRNOCAB ONCELLEMWSMOOTHLEGRBHUEC N E S J E R Z R A E T E U C O G M I A R D O O S O U M J E T G N C G R A N O L A Q V L O M O K

BACON BAGEL **BISCUITS BREAD** BUTTER

CINNAMON ROLL COCOA COFFEE

COLD PIZZA CREPES **CROISSANT DANISH EGGS BENEDICT ENGLISH MUFFIN FRUIT**

GRITS HONEY JAM **MAPLE SYRUP** OATMEAL **ORANGE JUICE PANCAKES**

SAUSAGE **SCRAMBLED EGGS SMOOTHIE** TEA **TOAST**

HASH BROWNS OMELET

WAFFLES

September Days & Dates ...

GRANOLA

9/4 • Labor Dav

9/10 • Grandparents Day 9/11 • Patriot Day

9/17 • Constitution Day

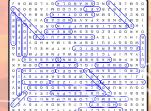
9/21 • Peace Day

9/23 • First Day of Autumn

September Js..

- National Potato Month
- National Biscuit Month
- National Honey Month
- American Breakfast Month
- Baby Safety Month





Key Search Word



203 FORT CROOK RD. N BELLEVUE, NE 68005

402-383-5843

Client of the Month

Eric & Tessa Curry "We Think You Are AWESOME!"



"Yeck's has been my auto shop for over 30 years. They are the best place for everything! They have great, reliable service. Everyone is honest, kind, and helpful. I buy my tires from Yeck's too. Their prices are good, and their service is super. Yes! It's Yeck's for the best car care ever!" - Ruth T., Bellevue



Kevin F. Dean B.

Kevin I. Loren S. Tim R.

Frank G. Steven B.

"Thank You! We Could Not Do It Without You!"





Last month, we held our 10th Annual "Golf for Vets" tournament. While at the time of this writing, we do not have the total amount raised, it was once again a huge success. Follow us on Facebook to see the results shortly. Before this year, we had raised \$69,900.00, which has been split between the Veterans Home and the Disabled American Veterans Chapter 47.



We had to dodge some rain this year, but overall it was a very good time. We also had the extreme honor of hosting 9 veterans who reside at the Eastern Nebraska Veterans Home for the awards dinner, and they had a BLAST!

We could not have done it without all of our magnificent sponsors, donors, and volunteers. I would like to extend a HUGE THANK YOU to all who helped put this event on, and lam looking forward to doing it again next year.







Offer Expires 10/15/2023.

TOP 4 COMMON REASONS FOR WARM **WEATHER CAR BREAKDOWNS**



It's common to get busy and put off car maintenance (we've all been there) but preventing minor issues from becoming major car trouble is easier and less expensive than you think. Here are tips for bypassing the most common warm weather car and engine breakdown issues.

1. ENGINE BREAKDOWN:

CHECK ENGINE LIGHT

The sight of a "service engine soon" light can mean many different things some simple enough to fix yourself (like a cracked or loose gas cap, the second most common culprit) and others requiring a trip to the mechanic. Because the check engine light can point to a variety of issues that may or may not be serious, it is always important to pull over immediately and get your car checked out by a professional

2. CAR BREAKDOWN:

FLAT TIRES

Flats are a very common reason for car breakdowns during the summer. Give tires regular TLC to reduce the chances of a blowout in the first place. Set a reminder in your phone to check your tire pressure once a month. While you're down there, check the treads, too, to make sure they're not worn out. If you experience a flat tire, the first step is to pull over and make sure you are in a safe place. If you know how to replace a tire and have a spare, your next step will be to replace the flat tire. Should you not have a spare or not know how to change your tire, call for assistance to get towed to the nearest auto repair shop.

3. ENGINE BREAKDOWN:

OVERHEATING

Keep your eyes on the temperature gauge and look out for an "engine overheating" message or lit radiator icon on your dashboard. Check your coolant levels at the beginning of every season. If the liquid doesn't reach the FULL line on the reservoir, add a 50/50mix of water and coolant until it does. If you are driving and your engine is overheating, there are some steps you can take until you can get to an auto repair shop: Crank the heat in your car to move heat away from the engine; find a safe place to pull over; check your coolant and add it (if you have it available in your car); re-start your car if possible. Unless you have to call a tow truck, the next step is to restart your engine carefully.

4. CAR BREAKDOWN:

DEAD BATTERY

Although most people associate a dead car battery with winter, soaring temps can put extra stress on the battery, too. Head to your favorite auto repair shop to have a professional check your battery, starter and alternator. And, while it's OK to leave your devices charging for a few hours with your car off, leaving them plugged in overnight will most likely require a jump start the next morning.

WHAT IS THE INTERNATIONAL DAY OF PEACE?



https://internationaldayofpeace.org/

by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace. From education to the arts, social justice

The International Day of Peace ("Peace Day")

is observed around the world each year

on September 21st. Established in 1981

to sports, health to the environment, neighborhood issues to service for others, there are many ways to participate in Peace Day! We invite you to create a public or private activity related to peace, spread the word about Peace Day and/or attend an event in your community.

Let us all create Peace Day every day!

CELEBRATE GRANDPARENTS DAY!

On the first Sunday after Labor Day we celebrate National Grandparents Day. This year the date falls on September 10. Like Mother's Day & Father's Day we also have a whole day dedicated to our grandparents. Grandparents and children have a special connection that is proven to both make grandparents live longer, and also make children more emotionally resilient. Grandparents Day is an opportunity to treasure that connection and spend some quality family time together.





SAUSAGE HASHBROWN BREAKFAST CASSEROLE

This breakfast casserole recipe is made with hash browns, sausage, eggs, and cheese — what's not to love? It can be made ahead of time and refrigerated until you're ready to bake it.

• Prep Time: 20 mins • Cook Time: 50 mins • Total Time: 1 hr 10 mins • Servings: 10 • Yield: 1 9x13-inch casserole

Ingredients · Cooking spray

- 1 teaspoon salt
- ½ teaspoon ground black pepper • 2 pounds bulk spicy breakfast sausage
- ½ teaspoon onion powder 2 pounds frozen hash brown potatoes
- ½ teaspoon garlic powder 2 cups shredded Cheddar cheese
- 1 (7 ounce) can green chili peppers (optional)
- 8 large eggs
- 2 cups milk

Directions

- 1. Preheat the oven to 350 degrees F. Spray a 9x13-inch baking dish with cooking spray.
- 2. Cook and stir sausage in a hot skillet over medium heat until crumbly and no longer pink, 5 to 7 minutes. Drain and discard grease, and transfer sausage to a bowl
- 3. Cook hash browns in the skillet in the residual grease over medium heat, stirring occasionally, until lightly browned, about 8 minutes. Remove from the heat.
- 4. Transfer hash browns to the prepared baking dish and spread in an even layer across the bottom. Sprinkle cooked sausage over top, then layer with Cheddar cheese & chilil peppers. 5. Whisk milk, eggs, salt, pepper, onion powder, and garlic powder together in a bowl. Pour over hash brown mixture.
- 6. Bake casserole, uncovered, in the preheated oven until bubbly and the top is golden brown, 35 to 40 minutes.

RANDOM FUN FACTS

SEPTEMBER 5TH IS NATIONAL CHEESE PIZZA DAY!

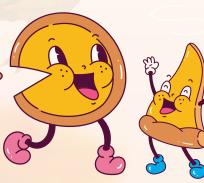
Q: How do you fix a broken pizza? A: With tomato paste.

Q: What does an aardvark like on its pizza? A: Ant-chovies.

Q: What do you cal! a sleeping pizza? A: a piZZZZZZa.

Q: Why did the man go into the pizza business? A: He wanted to make some dough.

Q: "Waiter, will my pizza be long?" A: "No sir, it will be round!"





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