

4/30 -Arbor Day

- ✓ Keep America Beautiful Month

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# STEPS TO A CREERER CAR

It doesn't matter if the car you're driving is new or old, big or small. Here are some preventive maintenance steps you can take to make sure your car is as environmentally friendly as possible, according to the non-profit Car Care Council.

Keep your car properly tuned for optimum performance - A properly maintained vehicle can improve its efficiency, reduce emissions & save you money.

- ✓ DRIVE SMART How you drive has a lot to do with fuel economy. Avoid sudden starts & stops & go the speed limit. Minimize unnecessary miles by combining errands in one trip.
- ✓ **REGULARLY CHECK & REPLACE DIRTY AIR FILTERS** An air filter that is clogged with dirt, dust & bugs chokes off the air & creates a "rich" mixture that causes the engine to lose power.
- ✓ HAVE SPARK PLUGS CHECKED & REPLACED IF NECESSARY A dirty spark plug can cause misfiring, which wastes fuel
- ✓ MAINTAIN THE COOLING SYSTEM A cooling system thermostat that causes the engine to run too cold can lower the fuel efficiency of a car by as much as one or two mpg.
- ✓ CHECK TIRES REGULARLY Proper tire pressure can improve gas mileage by 3.3 percent or 10 cents per gallon.
- ✓ GAS CAPS A loose, cracked or damaged gas cap allows gas to escape from your tank as a vapor, wasting fuel & increasing vehicle emissions.
- ✓ **FILL-UPS** When filling up your car, remember to stop when the nozzle shuts off. Topping off the gas tank can release harmful vapors into the environment & waste money.
- ✓ A/C MAINTENANCE & USE The A/C system should be inspected annually & you should use your air conditioning only when needed. Parking in the shade & using a reflective windshield shade can help your car stay cooler when parked, meaning it takes less to cool it off when you get back in.
- ✓ VEHICLE FUEL SYSTEM By properly maintaining your vehicle's fuel system (ex., replacing your car's fuel filter & having your fuel injectors flushed) you will not only have a cleaner, "greener" car, but you will save money at the pump!

source: www.carcare.org

## **BET YOU DIDN'T KNOW....**

Each year, the president of the United States proclaims April Fools' Day began in the 1500s when the Gregorian calendar took over from the Julian. Those who forgot the change and attempted to celebrate New Year's (previously celebrated on the 1st of April) on the wrong date were teased as "April Fools."

**APRIL** 

## **APRIL 4TH IS EASTER**

#### **5 FUN FACTS ABOUT EASTER CANDY**

- 1. Next to Halloween, Easter is the biggest candyconsuming holiday of the year. Six months apart, perfect for your yearly dentist check-ups!
- 2. Peep peep ... did you know Americans buy more than 700 million marshmallow Peeps during Easter? This makes Peeps the most popular non-chocolate Easter candy.
- 3. Americans consume more than 16 million jelly beans during this holiday. That is enough jelly beans to circle the globe not once, not twice, but three times.
- 4. Are you an ears, arms or tail person? 60% of people surveyed eat the ears on the chocolate bunny first, 5-percent go for the feet and 4-percent for the tail.
- 5. The tallest Easter egg chocolate was made in Italy in 2011. It stood at over 34 feet and weighed an astounding 15,000 pounds.

### THAT'S A SNACK FACT, JACK!



Twinkies were invented on April 6, 1930, by James Alexander Dewar, a baker for the Continental Baking Company. Realizing that several machines used to make creamfilled strawberry shortcake sat idle when strawberries were out of

season, Dewar conceived a snack cake filled with banana cream, which he dubbed the Twinkie. He came up with the name when he saw a billboard in St. Louis for "Twinkle Toe Shoes." During World War II, bananas were rationed and

the company was forced to switch to vanilla cream. This change proved popular, and banana-cream Twinkies were not widely re-introduced.



Today, the fight for a clean environment continues with increasing urgency. To learn more, visit the Earth Day Network website at www.earthday.org!

## Thanks for the Kind Words!

#### $\star \star \star \star \star$

"Great place! Megan and Molly and Stacy are Fabulous. The team did a great job diagnosing and fixing the problem on my daughters Jetta. They keep you up to date on the problem and the fix. I highly recommend Yeck's!! I will be a customer for life!!!!"

- Laura Sackett, Bellevue



Each year, Earth Day marks the anniversary of the birth of the modern environmental movement in 1970.

At the time, Americans were slurping leaded gas through massive V8 sedans. Industry belched out smoke and sludge with little fear of legal consequences or bad press. "Environment" was a word that appeared more often in spelling bees than on the evening news. Although mainstream America largely remained oblivious to environmental concerns, the stage was set for change by the publication of Rachel Carson's New York Times bestseller "Silent Spring" in 1962. The book represented a watershed moment, beginning to raise public awareness and concern for living organisms, the environment, and links between pollution and public health. Earth Day 1970 gave voice to that emerging consciousness, channeling the energy of the anti-war protest movement and putting environmental concerns on the front page.

 1 cup granulated sugar 1/4 cup packed light brown sugar 1/2 cup unsweetened applesauce 1/3 cup vegetable oil 2 large eggs

should come out with moist crumbs on it.

AIR

**CHECK!** 

### **APRIL 22ND IS EARTH DAY**

### **APRIL 25TH IS NATIONAL ZUCCHINI BREAD DAY**

#### Classic Zucchini Bread • 1 1/2 cups grated zucchini lightly packed (keep liquid) • 1 teaspoon vanilla extract 1 1/2 cups all-purpose flour 1/2 teaspoon baking powder 1/2 teaspoon baking soda 1/2 teaspoon salt 1/2 teaspoon ground cinnamor 5. Cool in the pan for 10 minutes. Remove from the pan & transfer to a wire cooling rack to 1. Preheat oven to 350 degrees F. Spray a 9x5 inch loaf pan with cooking spray. 2. In a large bowl, add the grated zucchini, sugar, brown sugar, applesauce, oil, eggs, & vanilla. Whisk until cool completely before slicing Store covered in the refrigerator (best served 3. Add the flour, baking powder, baking soda, salt, & cinnamon. Stir just until no dry flour remains, trying not after it has been refrigerated for at least 12 hours) 4. Pour the batter into the loaf pan. Bake for 50-54 minutes. A toothpick inserted into the center of the bread Enjoy

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